

# Smooth & Sweet

## Strawberry Sorbet

### Ingredients:

2 pints Strawberries (cleaned and stemmed)

1 cup sugar

1 cup water

(The strawberries may vary in sweetness.)

### Directions:

- Bring the sugar and water to a boil and immediately take off the heat. Cool.
- Combine the strawberries with the sugar & water syrup and process in a blender.
- Taste the mixture. (Note: It should taste a bit sweeter than normal. Ice cream and/or sorbet taste less sweet when frozen but need the sugar content to keep them smooth. Otherwise, less sugar will result in an icy texture.)
- Freeze in an ice cream machine according to the manufacturer's instructions.